

# GIRLS COLLEGE GOLF PREP

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ALL GIRLS , ALL AGES CAMP  
DECEMBER 27- JANUARY 2, 2010  
ORANGE LAKES RESORT, ORLANDO, FL  
[WWW.GIRLSCOLLEGEgolFPREP.COM](http://WWW.GIRLSCOLLEGEgolFPREP.COM)

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ALL INSTRUCTORS ARE COACHES FROM DIVISION 1 SCHOOLS:  
YALE, STANFORD, BALLSTATE, LONGWOOD, ETC.

## PROGRAM OVERVIEW:

- Strength & Conditioning—
  - TPI Analysis by Certified Instructor
  - 5 Workouts by Collegiate Strength & Conditioning Coaches
  - Individualized TPI workout CD for home
- College Prep—
  - Recruiting & academic requirements
  - How to get into the right school & golf program for you
  - What coaches' look for
  - Typical day in college golf
- Golf Instruction—
  - Video Swing Analysis and take home CD
  - TOMI Putting Analysis
  - SONIC Golf Instruction
  - Short Game Analysis
  - Mental Game Management
  - On Course Instruction

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## PRICE AND REGISTRATION:

- \$500 deposit required to hold spot with remaining balance by October 26th
  - \$2300 if you sign up by **September 1st**
  - \$2500 after September 1st
- Price includes shuttle to/from airport, lodging at Orange Lake Resorts, meals, instruction, and individualized drills & workout manual
- Sign-up ASAP because spots are limited to the first 30 participants
  - Sign-up at [www.girlscolleggolFPREP.com](http://www.girlscolleggolFPREP.com)  
-or- email at [info@girlscolleggolFPREP.com](mailto:info@girlscolleggolFPREP.com)

